FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

OMB APPROVAL								
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

McDonald Sterling			2. Date of Event Requiring Statement (Month/Day/Year) 05/26/2004 3. Issuer Name and Ticker or Trading Symbol REALITY INTERACTIVE INC [RLYI]									
(Last)	(First) R, SUITE 1340	(Middle)				tionship of Reporting Perso all applicable) Director	Person(s) to Issuer 10% Owner		5. If Amendment, Date of Original Filed (Month/Day/Year)			
(Street)				X	Officer (give title below)	Other (spe	App		ndividual or Joint/Group Filing (Check plicable Line) X Form filed by One Reporting Person			
HOUSTON	TX	77024				Chief Financial C	mcer		, A		/ More than One	
(City)	(State)	(Zip)										
Table I - Non-Derivative Securities Beneficially Owned												
1. Title of Security (Instr. 4)					int of Securities ially Owned (Instr. 4)			4. Nature of Indirect Beneficial Ownership (Instr. 5)				
Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)												
1. Title of Derivative Security (Instr. 4)		2. Date Exercisable and Expiration Date (Month/Day/Year)		3. Title and Amount of Securities Underlying Derivative Security (Instr. 4)			4. Conversion or Exercise		5. Ownership Form:	6. Nature of Indirect Beneficial Ownership (Instr. 5)		
			Date Exercisable	Expiratio Date	n Title		Amount or Number of Shares	Price o Derivat Securit	ive	Direct (D) or Indirect (I) (Instr. 5)		
Employee Stoo	ck Option (right	t to buy)	(1)	11/11/2013	3	Common Stock	250,000	0.2	5	D		

Explanation of Responses:

1. The option is exercisable over a period of four years as follows: 1/8th of the shares vest on May 11, 2004 and 1/16th of the shares vest at the end of each successive three month period.

/s/ Sterling McDonald 06/04/2004

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 5 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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